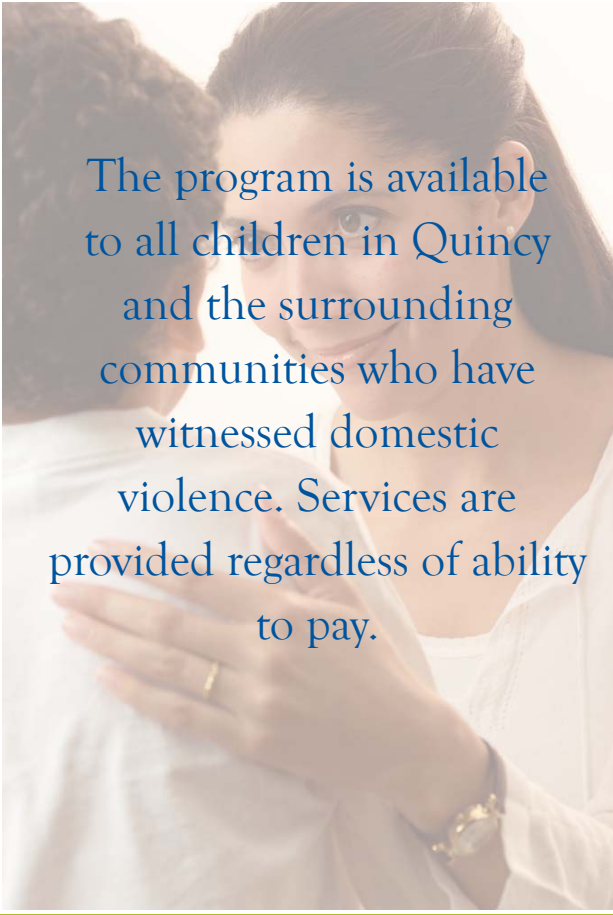


Finding Hope for Children



The program is available to all children in Quincy and the surrounding communities who have witnessed domestic violence. Services are provided regardless of ability to pay.

If you know a child who could benefit from the Finding Hope for Children program at Quincy Medical Center, please call 617-376-5427 today.

Directions to Quincy Medical Center:

By MBTA:

- On weekdays, the hospital provides a courtesy shuttle service from the MBTA station.
- Take the Red Line to the Quincy Center Station and Bus #245 to the hospital.
- Call 617-773-6100, ext. 4404 for the schedule.

By car:

From North or South on the Southeast Expressway (I-93)

- Take the Southeast Expressway (Route 93) to Furnace Brook Parkway (Exit 8).
- Follow Furnace Brook Parkway toward Quincy Center. At the third set of lights, turn right onto Adams Street.
- Proceed on Adams Street for about 1/2 mile.
- Turn right at Whitwell Street. Hospital entrance is at the top of the hill on the left.

From Route 3

- Take the Washington Street/Quincy Center exit (Northbound take Exit 19, Southbound Exit 18).
- Follow signs for the T Station/Quincy Center. Coming off the exit, you will be on Burgin Parkway. At fourth set of lights, turn left.
- At next set of lights, turn right onto Granite St.
- Your first left is Whitwell St. Hospital entrance is at the top of the hill.



114 Whitwell Street, Quincy, MA 02169

Phone (617) 376-5427 • Fax (617) 376-1642
www.quincymc.org

Building

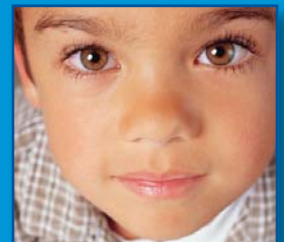
stronger

futures for

children

who witness

violence



Can **children**
be hurt by what
they **see**?

The **Finding Hope for Children** program at Quincy Medical Center can answer your questions about a child's response to witnessing violence.

Yes. Children understand the world in a very different way than adults. When they witness violence, it can be difficult for children to figure out how to feel safe again.



Q: Will a child always talk about the fear they feel?

A: Not always. Often Children show what they are feeling through their behavior. Some behaviors that may signal a child is struggling with what he or she has seen are:

- Difficulty sleeping
- Complaints of headaches or stomachaches that cannot be explained medically
- An increase in aggressive behavior or angry outbursts
- Withdrawal from people or activities that the child enjoyed before the violence
- Being easily startled
- Frequent re-enactment of the violence in the child's play

Q: Is there hope?

A: Yes! Children can regain a sense of safety in the world when given an opportunity to express their thoughts with a nurturing adult. Some children will use words to express what they are feeling, and some will express their experience through play.

Finding Hope for Children at Quincy Medical Center is here to help. As well as providing assessment and counseling, we can work with community support systems to ensure the child will be able to move through these difficult challenges and on to reach their full potential in life.

**For more information about
Finding Hope for Children at
Quincy Medical Center, call
Susan Gill-Hickey, LICSW, CADAC,
at
617-376-5427.**